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Check out the In-Depth discussing racial tensions, pg 6-7.



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BELLEVUE EAST HIGH SCHOOL

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Cosmic Shadow

News Editor

worldwide phenomenon took place on Aug. 21 in which the whole planet had the chance to view a total solar eclipse in some way.

Astrophysicist Dr. Henry Winter, from the Harvard-Smithsonian Center for Astrophysics, stated that science has made new improvements to the way people view the solar eclipse.

"We've worked very hard on our Eclipse Soundscapes app," Winter said. "This is an application that allows people who are blind or visually impaired to interact with the eclipse, to be able to experience the eclipse right along side of their sighted peers."

The app was made available to all of the teachers in the Bellevue Public School System so the teachers could be sure that the whole district could view it and participate in the eclipse safely.

"They can download it on their mobile devices," Winter said. "There are some lesson plans that [teach] how to use the app to teach certain lessons about the sun, moon, how science works, how astronomy works, all these different things."

Not only that, but many people said their experience from being able to see the eclipse was amazing. The last total solar eclipse before Aug. 21 was

in 1991. The last one in the U.S., however, was on Feb. 26, 1979.

"I expected to enjoy the eclipse from a science perspective, but found myself moved emotionally by the astounding beauty of it,' science instructor Cindy Seeba said. "I cannot adequately describe the experience in words. As nerdy as it sounds, I teared up."

According to astronomy.com, the last total solar eclipse was not seen by many people only because "it clipped just five states in the Northwest and the weather for the most part was bleak."

Before that, the last one would have been in 1970, so there are not very many people that would have gotten to see it more than once in their lifetime.

"Once in a lifetime is not enough," Seeba said. "I plan to travel to the next eclipse in the U.S. in 2024."

Also, on Aug. 21, the Science Club traveled to Kearney to see the total solar eclipse from inside the umbra, the dark part of the shadow that's cast on the Earth.

"Here, the moon covered most of the sun," chemistry instructor Philip Alcocer said, "but we were out of the total shadow of it."

The University of Kearney actually had a special program for the Science Club to go to.

According to Alcocer, the students got a once in a lifetime chance of being able to witness and watch a total solar eclipse.

"If you've never seen one, you

can't really imagine what it's like," Alcocer said. "You could see the sky getting dark, and just the beauty of seeing the corona by itself which is amazing.

Bellevue was in the 98 percentile on Aug. 21, while Kearney was in the path of totality. It didn't get very dark in Bellevue and was somewhat cloudy, but visible enough to see the eclipse happening.

"I think the coolest part of it was watching the sun come out from the other side of the moon," junor Ashley Clark said. "Although, I do wish that it wasn't super rainy that day, but it was still super awesome.

According to astronomy.com, astronomers put solar eclipses into different categories based upon magnitude and obscuration. The magnitude is the amount of the sun's diameter that will be covered by the moon, and that is put into a percent. The obscuration is how much of the sun's total surface area that is covered by the moon at maximum and calculated into a percent, as well.

"I was beyond amazed by it and it was definitely the coolest thing I've ever seen in my life," sophomore Madison Pelzer said.

Solar and lunar eclipses happen every 6,585.3 days, according to astronomy.com, which is called a Saros cycle. This means that two eclipses that are similar are separated by one cycle, and they occur at the same point of intersection.

"That'll [the next total solar eclipse] be in 2024," Alcocer said.

The next total solar eclipse will be longer in time, however, and this is because the Earth is not always the same distance form the sun, and the moon is not always the same distance from Earth which also effects how dark it gets on Earth.

"It was a fairly short eclipse," Alcocer said. "It was only about two minutes. The next eclipse that's going to happen in North America is going to be over 4 minutes."

According to earthsky.org, in the Aug. 21 eclipse, 4 planets were able to be easily seen with the naked eye while in the path of totality.

These planets were Venus, Jupiter, Marsand Mercury. Venus, however, was able to be seen about 15 to 30 minutes before totality occured, and 30 seconds before, two other planets, Mars and Jupiter, were visible.

"It was extraordinary," Pelzer said. "The anticipation I had for the totality made the whole experience worth it."

It was, according to the students, an amazing once lifetime experience.

"I'm glad the school arranged for all of us to see it," senior Sydnei Norwood said.

Solar Eclipse Phases in Kearney



Totality

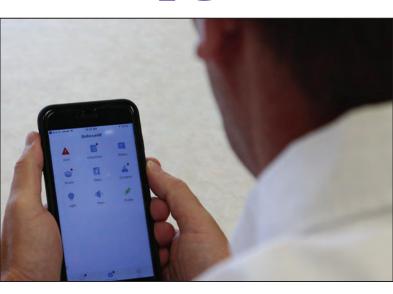




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East upgrades building safety, security



Instructor Gary Wood checks the "CrisisGo" app for notifications. The app alerts teachers to situations that might require action under the Standard Response Protocol (SRP), such as evactuation or lock down. *Photo by Selena Lewis*

Madie Ybay Opinion Editor

Lights blink on and off urging the students and staff to get out of the building as soon as possible.

"Please evacuate the area. There is a fire in the building," a male voice loudly sounds out over speakers throughout the building. The new and unfamiliar alarms were just part of the upgrades, along with security cameras, that were installed starting in the spring of 2017.

"They put in some temporary fixes in the spring, and in the summer is when all that modification went in. So it was part of our bond issue; it payed for the new security," Principal Jeffery Wagner said.

The fire alarm upgrade improved East from an inferior state to an enhanced one. Before the improvements there was no voice and only some alarms and lights sounded in the classrooms. Additionally, the installation of new cameras allow administration to see more perspectives to better monitor exits and hallways.

The voice that students and staff hear over speakers (accompanied by loud beeping) instructs students and staff to evacuate. Because the change to the alarms is new this year, reactions to the alarms vary.

"They're not as annoying, but they also get everyone out the doors," junior Piper Stubbe said.

From flashing lights to a new control board and wiring, these alarms were modernized. Each room has a new alarm, as do hallways.

"So now you have more of the state of the art one; you have one that has the actual visual, so you see the flashing instead of just the sound," Wagner said. "So now you have people who may have a hearing impairment or things, that way they also have the visual piece."

The new cameras and alarms were both installed over the summer to improve the safety and security of students and staff The alarms help with emergencies such as fire, and the cameras help security.

"The new cameras were installed to provide additional security for the school and to deter crime on our campus," resource officer Anthony Orsi said.

An additional complementry piece of technology intended to improve communication with staff during times of emergency is the CrisisGo app. Teachers now have the app on their phones and laptops that alerts them in an emergency and makes it easier to communicate with administration and help with accountability of all staff and students.

"I feel like it's useful because if the intercom doesn't go off you still know what's going on," Stubbe said. "I feel like they [the new fire alarms] are going to be helpful to people because some of the alarms don't go off we just see flash from other rooms."

CrisisGo is an app that goes off when there is an emergency happening in the school, alerting them even if they do not hear the regular alarms. The application works for more emergencies than fires, but it isn't perfect.

"CrisisGo is just another way to keep others informed. Again, we're trying to increase that communication so people know what's on there," Wagner said. "There are still some bugs there I believe."

With the upgraded cameras, there are new monitors added so that administration can easily view footage from each camera, even being able to check what has happened at any given time of day. Where the cameras are placed cannot be exactly disclosed, however.

"Many of the new cameras were installed in the same previous locations," Orsi said "New cameras were also added inside and outside of the school. Most cameras are visible and in plain view."

The reasons for the upgrade were because of necessity..

"We want to have a current system; we want to have a usable system.. The old one was just getting old, and so getting parts and the reliability wasn't what we needed," Wagner said.

Alternative seating, technology enhance student learning

Brooklyn Anderson Entertainment Editor

A new trend in education is trying to improve student learning by moving awayfrom standard desks in rows, and creating a more comfortable environment, as well as including technology as part of the daily classroom routine.

In some classrooms, teachers at East are trying out allowing students to learn with various seating arrangments, in addition to and increased use of technology.

"I have standing desks with high stools, exercise balls, a couple different types of wobble seats, and some soft footstool looking seats," English instructor Carla Palo said.

The alternative seating gives students more choices on how

comfortable they want to be during class.

"Students like the novelty of being able to sit somewhere other than a traditional desk," Palo said. "They get excited about being able to customize their seating depending on how they feel that day."

While the novelty appears to spark a student's awareness in the learning environment, there may be actual evidence that such alternative seating arrangements positive impact student learning. According to Dr. Jill Merritt of Gannon University in Penn., the body and brain work together using all of the senses to receive and process information

"Alternative seating may provide students with an opportunity to move just enough to provide sen-

sory modulation. With the amount of movement provided by alternative seating, students may be able to reach a level of optimal arousal for learning and therefore learn more effectively,"

Overall, student reaction to changes in seating have been positive.

"I like the alternative seating; I sit on the floor most of the time and it's good because you can move around and not distract people," senior Austin Lukowski said.

Besides having alternative seating, some teachers use technology in their classroom, incuding iPads and laptops.

"I like being able to write on my iPad from anywhere in the classroom for students to see on the projector," physical science teacher



Around low tables, freshmen Colin Peetz, Tyler Reynolds and Diego Moreno study before a test in instructor Angelica Musil's room. Students who chose low tables sit on the carpet or on a yoga mat. *Photo by Jacob Mallow*

Nicole Burns said. "The use can range from just answering a discussion thread on Schoology to doing an iMovie project in the green screen room."

The positives of using technology are that a student can do assignments at home, on a computer or on their phones.

"One of the biggest benefits of using Schoology in my class is that

my students have 24/7 access to our class materials," Burns said.

The negatives are technical difficulties or if one of the devices isn't working.

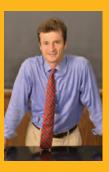
"When you use web-based applications, you do run the risk of the wi-fi going down." Burns said. "Students then are not able to complete their work because they can't access it."



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Increasing membership main goal of East PTSA

McKayla Vermeer Features Editor

For many years an organization called Parent Teacher Student Association (PTSA) has operated, joining together many people involved within the school.

"People are already involved in many things, but PTSA is this sort of big umbrella organization that's supposed to help the entire school," Principal Jeffrey Wagner said.

At East, the PTSA works on fundraising and the organizing of various school events including the Baccalaureate. Additionally, they are able to raise money for students and staff in times of need.

"It's a way for the school to get involved, and people to kind of get together to help support our school," Wagner said.

Students, staff, and parents can all actively be involved in PTSA and involvement can be as simple as paying for membership fees and joining, but to be completely involved can require spending time volunteering for school events. Roblyn Stiverson, former president of PTSA, said that getting students involved and working with them was a unique experi-

"Mostly the organization was parents hoping to support our staff and students. I often used student volunteers the day of Teacher Appreciation. Being able to tap into the student body was one of the perks of working in the building," Stiverson said.

Getting people involved, however, is one of the hard parts of this organization. There are many things PTSA can do to try to get the message out, but whether or not people join is questionable.

"We tweeted out membership forms and included it in our newsletter. There's a lot of ways you can try to get that out there; it's just a difficult piece because with time and involvement in so many activities and things, it's a difficult piece to try and get this umbrella organization started," Wagner said.

years to come, and one of the goals will be to increase membership. By doing increasing membership, the PTSA could sponsor more events within the school. "PTSA has the potential to be great as-

PTSA is likely to continue for many

set to any building. If you can get an active membership and full board you can increase your activities," Stiverson said. Kimberly Callaghan, an active member of

PTSA, said that they try and work to benefit

students the best they can. This can come in the form of organizing events for both the students and staff. "I'm Vice President of the PTSA this year. I've been a member of the PTSA at BEHS for

to the students, assists with staff appreciation days, and baccalaureate," Callaghan said. The PTSA aims to be a very active program within the school, interacting with all staff and students as well as members of the community. However, there currently is a

four years now. The PTSA gives scholarships

"At current time, no students are involved; although, we would welcome any student that would like to get involved.," Callaghan said.

significant lack of involvement.

Digital trophy case allows for better involvement



Madi Ybay Opinion Editor

At Bellevue East, there had been been new technologies, like a digital trophy case and new video scoreboards, to recognize acheivements and increase school spirit.

"Everyone really wants to be able to show off their achievements and some places just hide them away," varsity coach Michael Troy said, "this way we're able to save space and that's really cool."

From the menu, students can explore the awards and achievements, as well as the teams and even last year's yearbook. Over the summer, technicians installed a touch screen on the outside wall of the south gym to display the new digital trophy case.

"There's a lot that happened at this school, since it has been around for so many years, so there just isn't enough wall space for us to share all that," Troy said.

The trophy case was not the only technological advancement used to improve the way students interact with school teams. In late August, new scoreboards were installed in the south gym.

Viewing history. Flipping through a digital version of the 2017 yearbook, sophomore Zachary Thomas relives past memories. The screen was installed for students to see the acheivements of East students. "I think [the digital trophy case] is an excellent idea for people who didn't get a yearbook and still want to see it; It's something that can be looked at between classes," Thomas said. Photo by Nia Booth

"I think that it's helped us get the crowd excited and hyped up for the games. Which motivates our team to play harder," Troy said

Although the main purpose for the new scoreboards are to excite the crowd, it's also there for our coaches and players. After all the students get excited to support the teams and coaches.

"I think it's awesome, probably one of the coolest things i've seen," Troy said.

All the new equipment and excitement comes at a cost. Lucky for East, people were willing to support with sponsorships.

"The scoreboard and digital trophy case were paid for by sponsorship money. I cannot give you what the cost is; that information that I cannot give out," activities director Chad Holtz said.

Even with the costs involved, the expense doesn't make the value to the student body any less.

"I feel like the cost is worth it just as long as they feel confident about it and it is something that is worth helping students and get them involved," senior varsity football player Colton Patrick said.

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Making Wright improvements with Sandall

McKayla Vermeer Features Editor

Students of all ages from East stood on the football field, forming patterns and shapes. Each held their instrument as they marched along, moving in smooth unison, remembering exactly what would happen next. Music floated across the stadium, and even people in the nearby neighborhoods could hear it. When the students finished, they listened to the information being given to them from the press box. This was the Bellevue East Marching Band, and under the direction of two new band directors, things are starting to change.

"This year has gone a bit faster and almost smoother than the years

before. We have a lot more of the show on the field than this time last year, which is definitely nice," senior Ashlynne Le François said.

The change in the band program this year is due to the new directors. Band director Charles Wright said that there is definitely something different about the marching band at East.

"I would say the biggest difference here is probably the just the drive to be highly, highly successful. Not that other schools haven't been, but that drive and that passion are here. I saw that from day one," Wright said.

Assistant band director Kyle Sandall spent ten years working at Bellevue West as a visual coordinator along with teaching vocal music at Lewis and Clark Middle School. Originally working in Ohio, Wright has taught for about 16 years in areas such as Memphis, Tennessee, and Omaha Burke High School before he moved on to East- which he said is a very different experience.

"Each job is unique. Students are different, teachers are different. I think the thing that is very unique about this school is the military influence that's here. We have a lot more students that have a much stronger discipline. There was a bigger work ethic, and some schools don't quite have the work ethic for whatever reason," Wright said.

Among the things that have changed this year, the summer band schedule was a major one. Ad-

ditionally, there have been minor changes that the directors say are all made for the good of the band, but the positivity from students helps make the transition smoother.

"It's going great. Students are working hard and are positive;;there's positive emotions and thinking just all throughout the program. Just a lot of excitement." Sandall said.

The transition of changing band directors can be pretty difficult. Le Francois said that what's more difficult is the affect it has on the group and rebuilding a personal connection with the staff.

"Switching band directors is very difficult on the group as a whole, because whenever someone new comes in, you never know how much they will change things you already know and the beginning is always very hectic... when you spend as much time with someone as students do with the band, you tend to grow your relationships with your directors that you don't always get through other teachers," Le Francois said.

In the future, bigger changes are planned for both marching season and concert season. For now, Sandall said that he is excited for what this year has to bring.

"I am looking forward to just continuing the year and building up on the foundation that this staff has established and continue to establish and build the program through the next couple years," Sandall said.

King of brass! Band
Director Charles Wright
practices with the students
during class, while assistant
band director Kyle Sandall,
directs the band. Wright has
been teaching for 16 years.
"Every school is unique in
what they have, what they
can do, what they can offer,
and it was an opportunity for
me to really focus on band,"
Wright said. Photo by
Jacob Mallow.





Waving his wand! Assistant band director Kyle Sandall directs the band during class. He has worked a lot more with high school students. "It's a great program with great students and a lot of really good support from the administration and facilities," Sandall said. Photo by Jacob Mallow.

Band flashes their talent

Amya Hamerla Reporter

Students looked around as band members walked into the cafeteria. Voices got louder as students try to understand what is happening. There was a moment of quiet murmuring as the band students brought their instruments close. The music starts to play and students look wide-eyed at their friends. It was the start of an activity that upperclassmen had not seen done before.

"I honestly want to say that it was Mr. Wright's idea because this is his first year as our director and he is very into the whole community and getting the band more involved in things we do as a school in general," junior Ashley Hudson said.

The band's flash mobs are a new addition to the school year. East gained a new band director and new experiences. New things have started to happen at East with band flash mobs being one.

"We did not do flash mobs at all last year, it is something that started this year. It is just a lot more fun to be able to perform in front of people and show them what we have been

working on," Hudson said.

The flash mobs allow the band students to get to practice in front of an audience and to get ready for when they have to play in front of a bigger crowd. It also allows the band students to be able to show everyone how they have improved.

"I like the flash mobs because it seems really fun. I like performing in front of everybody and getting everybody hyped up," freshmen Slaiden Logan said.

The flash mobs can help students get ready for the upcoming games. Students can start to think about the game as the day goes on and cheer on the team.

"I would like this to continue in future years because I feel like it is a chance to make everyone feel together," Logan said.

It is something that the new students can start to appreciate and let the older students see something new. It can help with bringing more school spirit.

"I would like for it to continue. It is a Friday, people are ready for the weekend and it is a great way to be excited with them," Hudson said.

Pumping up the school. While playing her clarinet, freshman Kailey Conley performs alongside her bandmates. The flashmob happend in the cafeteria on Sept. 22. "Normally we do [flash mobs] when we do this have a home football game. We do this to get everybody pumped for the gams that we have," Conley said. Photo by Makayla Schaffer





Foreign exchange students become part of East

Amya Hamerla Reporter

Foreign exchange students look around as they take in the new environment around them. Many students crowd the halls as they push to make their way to class.

"Bellevue East is pretty cool for me so far because it is so big and provides a lot of clubs for you to attend," senior Bing-Lin "Mike" Hsieh said.

The students get to have new experiences once they join East and get to see how different East is compared to their own schools and countries. They also are able to join clubs that they have not joined before.

"In Taiwan we do not play football and we do not usually have a club after school, so it is a totally different experience for me," Hsieh said.

The students that have been at East can get to learn more about different places and schools. The students get to make friends with the foreign exchange students and can show the new students how things at East are done.

"The students are pretty nice and welcoming and the greatest thing is the diversity," Hsieh said.

Foreign exchange students can see the difference in the way subjects are taught. Teachers have different ways and methods of delivering instruction. In other countries, the teachers might have one way that they teach and that is the only way the teacher will teach.

"The teachers here are much more different because in Taiwan the teachers lecture all of the time and they write on the board and keep talking, but here the teachers interact with students more than in Taiwan," Hsieh said

Being at a different school from what they are used to might lead to misunderstandings for exchange students. However, not everyone experiences the cultural changes in a difficult way. Some students might already find that how East teaches is similar to how they were taught where they are from. Also, participating in school events outside of school is common in the U.S., but so common in other countries.

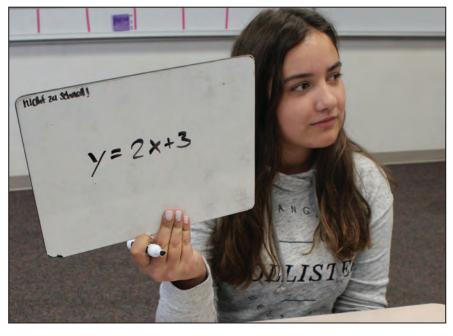
"My old school was just about school. Germany does not have activities like clubs and I like it more here with the school spirit," junior Philipp Hoehn said.

Being able to attend school in another contry is not something that many people get to do. It gives the foreign exchange students the chance to learn new things, but sometimes they also get to do familiar things.

"I play football here. I played it while I was in Germany so I decided to play it here," Hoehn said.



Always learning. Looking at the poster, senior Carolina Aguirre reviews math terms. "Sometimes I don't understand some [English] words and it's difficult for me to understand the lessons, so I ask the teacher and he or she helps me," Aguirre said. *Photo by Selena Lewis*



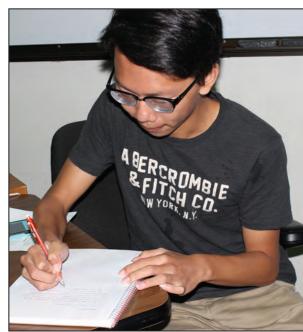
Mathematical powers. Doing math equations, senior Jennifer Jeroc thinks math is more difficult in Germany than in the U.S. Jeroc used the whiteboard to show her answers in class. "In Germany it's much harder. What we are doing in Algebra II, I did in 7th grade," Jeroc said. *Photo by Selena Lewis*



Studying hard. Looking at his WW1 homework, senior Philipp Hoehn thinks that he's learning the same things in America as he did in Germany. He learned about WW1 through he hometown in Germany. "Its nearly the same. We're still talking about WW1 right now and we learn nearly the same as in Germany." Hoehn said. *Photo by Selena*



Mathematician at work. Working on his Algebra II homework, senior Tobias Mikkelsen, improves his factoring skills. Mikkelsen used his independent study time to complete his assignment in the hall. "It's different in Norway than it is here. In Norway all the math classes are combined into one. Here you all have a different classes and I like that," Mikkelsen said. Photo by Selena Lewis



Language researcher. Writing out notes for his Spanish I class, senior Mike Hsieh, works on learning his third language. Hsieh was able to choose this class as opposed to his courses in Taiwan where they were chosen for him. "The biggest difference in America and Taiwan's education system is that in America you can choose what you like to learn. But in Taiwan the government will assign what you have to learn. I can take Spanish here, but not in Taiwan," Hsieh said. *Photo by Selena Lewis*.





IN-DEPTH September 29, 2017 Bellevue East High School

Racial tension affects communities, classrooms

Students, teachers share experiences with racism



"I've experienced racism in many places. Not upfront type of racism though; it's the subtle slick kind. Where people have followed me in the mall or I've witnessed someone call security just because they felt a certain type of person was going to steal something," senior Alyssa Black said.



"I run into racism everyday. I, myself, cannot experience the racial inequalities, but I am exposed to it in my daily life. Racism is a system in which white people benefit from, even when we don't intend it to. We see this in our justice system, job opportunities, education, etc. When we (white people) begin to recognize this and take action against it, we will then see a decline in racism," instructor Kendra Whisenhunt said.

How Diverse is Bellevue East? The following graph was compiled 600 492 400 200 76 76 Hispan... Hispan... Asian ... Native ... Native ... Native ... Native Diversity At East

Racism in Nebraska, Omaha Metro dates back before statehood granted

McKayla Vermeer Gibson last night." Features Editor

While Nebraska might not be the place originally thought of for hosting racism, the state has long been adding to the country's record of racist events and groups. For 150 years now, Nebraska has been a state - and even longer than it has officially been a state - racism has resided here.

There are many instances regarding racism present through Nebraska territory, the events happening before it actually became a state included segregation and oppression toward Native Americans and African Americans. Briefly, the Nebraska territory did allow slaves, but in 1861 (6 years before Nebraska became a state) slavery was abolished.

Flash-forward a total of 58 years of oppression and racism later - and it's 1919. In that year alone from May to September, a total of 25 race related riots occurred all across the U.S. On September 25, 1919, the nation-wide tension reached a peak in Omaha, Nebraska, when 19-year old Agnes Loebeck accused a 40-year-old African American named Will Brown of raping her and then robbing her and her boyfriend, Millard Hoffman. The Omaha Daily Bee, then called Bee-News, described the event using the title "Black Beast First Stick-up

The article continued by saying, "The most daring attack on a white woman ever perpetrated in Omaha occurred one block south of Bancroft street near Scenic Avenue in

Couple."

in the Douglas County Courthouse where he remained for three days, until a mob of 5,000-15,000 people surrounded the courthouse on September 28. That evening they started firing bullets at the courthouse, and in this exchange two were killed before they set the courthouse ablaze. During this time, Will Brown was quoted as saying, "I am innocent. I never did it; my God, I am inno-

Omaha mayor at the time Edward

Parsons Smith did try to reason with the crowd, but he was knocked out and woke up later, narrowly escaping being hanged. During this time, Brown was in the hands of the mob where he was beaten until unconsciousness, then hung from a lamp post where he was shot numerous times by many people, and when he was finally let down, they tied his body to the back of a car where they dragged his body from 18th and Harney to 17th and Dodge. There his body was burned, and they proceeded to drag his body through the downtown streets. Pieces of the rope used to drag his body were later sold for ten cents a piece.

The lynching of Will Brown only sparked racial tensions in Nebraska. By October of 1921, the first Ku Klux Klan "Klavern" was founded in Nebraska. By the end of the year, there were 24 chapters of the KKK in cities such as Lincoln, Omaha, Fremont, York, Grand Island, Hastings. North Platte and Scottsbluff. By 1923, the KKK claimed that there was a total of 45,000 members

Throughout the 1920s, the KKK Brown was arrested and thrown was alive in Nebraska, doing regular cross burnings across the state. In Lincoln and Omaha, parades and events were regularly organized to support the KKK, including one such where a "Klan wedding" was featured - the bride, groom, and minister all wearing the hoods and gowns. By the end of the decade, however, Klan membership was on

During World War II, the military was segregated. This was true in Lincoln, too, as there were two United Service Organization (USO) canteens two blocks apart to separate blacks and whites. While federal troops were desegregated 1948 by president Harry Truman, it wasn't until 1957 that the Nebraska Na-

tional Guard desegregated. Throughout the 1960s, racial tension was at a high in Omaha again. Among the riots that sprung from this tension was the shooting of 14-year-old Vivian Strong on June 24, 1969. Strong was among a group of other teenagers watching the police investigate a store breakin, when she and several others began to run. Omaha policeman James Loder opened fire, hitting Strong in the back of the head. Loder was originally charged with manslaughter, but was later acquitted.

Moving to modern day, the Southern Poverty Law Center (SPLC) reports a total of five hate groups in Nebraska: two being Neo-Nazi groups and one called American Vanguard, a white nationalist

Read the rest of the story online at thechieftainspear.org

Education key to alleviating racial tension

Editor in Chief

Recent alt-right members have rallied in different parts of the country, causing an uprising of different civil rights movements, protests and criticisms of both combating points of view. More people are becoming open with their views on race, and the affects of that are being felt equal levels," Abrams said.

"My opinion on the recent events in Charlottesville, I was horrified, as somebody that was brought up Jewish I was horrified to see that Nazism is so alive and well in my country of origin, or in any country," communications consultant Jennifer Abrams said.

munications problems in companies equal rights between genders and then we need to," Abrams said. races. Abrams also presents ideas and literary works, written by colleagues, to educators and other adults that are interested in ways to allow inclusivity in all institutions.

"I was really saddened to hear Donald Trump's response to the fact that both sides were equal and contributed equally to the problem that went on in Charlottesville, and I am very saddened to hear that he hasn't really asserted himself in that," Abrams said.

Politicians, especially, are under fire from their supporters and/or those that do not agree with them, because of the lack of addressing the situation from the White House. Some of the members of the rallies the nation

"I think it [racism] has to be addressed as a nation, addressed in corporations, addressed in schools. I think it actually needs to be recognized that we are a country founded by founders who owned slaves and then from there creating policies whether it be positive or negative, that kept people from achieving at

> The harsh history of the U.S. is sometimes too long to cover in many of the history classes offered at East. The fact that many of the founding fathers had slaves is something that should be taught for proper understanding of the deeply rooted racism that goes back centuries.

"I think it has to be overt. I think Abrams works to help solve comit has to be apart of the norms that if something is educationally unsound and industries between supervisors or if something is emotionally damand supervisees. She was a former aging to any student in the class, if English teacher and an advocate for we are not talking about the stuff

> Racism is something that often makes people uncomfortable when brought up in discussion. Some trying to be politically correct remain silent on the issue.

"We as educators need to be so much more mindful of how bias creeps into our curriculum, into our grading practices, into our discipline practices. It's not just about what we teach, it's about how we teach. I think that it's about voice and agency for all kids. I think it's about allowing a lot of different types of democratic structures and participation to happen," Abrams said.

According to Abrams, even without intention, basic discrimination can appear in daily life, especially in were bringing back the swastika, large institutions like education sys- hate. While the impact is hurtful, used by Nazis, and supporting white tems. Instructors, deans and faculty the intentions behind the comment

supremacy. As a result, there have members should pay more attention been heated conversations across to the students they target for discipline, and their grading strategies. According to the U.S. Department of Education Office for Civil Rights students of color are suspended three times more than white stu-

> "I think that if you look at what are we teaching, is it just white men, is it women, is it people of color, are we teaching things with only a white colleague's filter of perception?" Abrams said

> In English and even history classes, most of the information taught to the students is either written by a white person, or told from the perspective of a white person. Teachers consiously reflect on their own practices and some try to ad-

"I have ZERO tolerance for any discrimination in my classroom or when I hear it in the hallways. I always address it if I hear it, whether I never be able to fully grasp how am successful at diffusing it or not. that feels, even if someone who has Every single student in this building deserves to feel safe and thrive while being educated," instructor Kristina Sonntag said.

One of the first steps to helping all people regardless of race, gender, etc, feel comfortable in places they have to spend seven hours in, is to be an ally for them, according to Sonntag. Standing up against any type of discrimination is a step for

"Racism definitely surfaces in class discussions because of the literature that I teach. I try to determine whether or not the student who states the offensive comment is stating their ideas based off ignorance or subconscious fears or just plain

are going to drive the way that I talk with the student. In addition to having my own conversation with that student, I also report the incident to the deans so we have documentation on file," Sonntag said.

The issue of racism is rarely talked about because it causes people to be uncomfortable if they have never experienced it. Educating young and old adults on difficult issues like race could lead to positive open conversations on how to fix the is

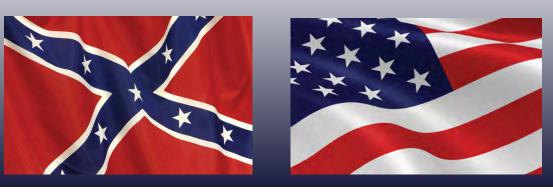
"I think young people need to talk about these things and get comfortable with being uncomfortable because our country needs to start having a dialogue with each other to combat hate and discrimination,' Sonntag said.

A common problem with race issues is the matter of understanding, or misunderstanding. Someone who has never experienced racism will experienced racism tries to inform them. However, regardless of this. people should be aware that racism exists even if it is not happening directly to them.

"I truly believe this education should not fall on the shoulders of the underprivileged groups of people in society. Privileged individuals (whether it be by gender, class, race, and so on...) need to be aware of their privileges. They must learn how to be an up-stander and real ally for those that need it; not the type of ally that feels superior to the underprivileged, but the ally who truly sees and values the humanity of the underprivileged," Sonntag said.

Read the rest of the story online at thechieftainspear.org

Heritage or hate?



Student expresses support for **Confederate flag**

Cailin Tomsu Editor in Chief



(Bold) The photo was given to the Tom Tom by an East student. The flag hangs on his wall to show his pride.

A senior at East shares his persepctive on the Confederate flag and what he believes it stands for. The student was kept anonymous due to a request from the

"The flag doesn't represent slavery, or racism at all. The flag itself is not racist, but sure the flag was used in racist acts or racist ways, but the flag itself is not racist. It's Southern heritage, heritage not hate. The flag is history and no matter how hard someone tries, they can't get rid of history. It's a symbol of the South, just like the American flag is a symbol of the U.S.," Anonymous

Student expresses support for American flag

Cailin Tomsu Editor in Chief



(Above) Senior Jackson VanVoorhis shares support for American Flag as opposed to those that support the Confederate

❖Senior Jackson VanVoorhis shares his persepctve on the American flag and his opinion of the Confederate

"I'm from Texas, so I love America, and I have been raised to love America and the flag. My family shows pride like that, all my friends do it. It's kind of like our thing, to fly the American flag. Maybe back in the day, it [Confederate flag] was used for different things, but people turned it around and used it for bad things," VanVoorhis said.

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Bellevue East High School

September 29, 2017

New helmets lead way to preventing concussions



Senior Jackson Van Holland braces for impact Friday night while taking down a player. "I do like the helmets very much. We are very fortunate to have them. They are easily more comfortable and convenient to have on. They fit way better than the previous ones. Nobody has been pulled yet, but the trainers do routine checks." Van Holland said. *Photo By Briana Benak*

Cailin Tomsu Editor in Chief

Concussions are common among almost every high school sport, according to Headcase Company. They can be very dangerous to any person, but pose an especially serious risk to teens because of the still developing brain. The

football team has just received new Riddell Speedflex helmets, that contain INSITE technology to help prevent more concussions from occurring in football athletes, helping spearhead the way for concussion awareness and prevention.

"These are the same helmets we have already been using they are just equipped with impact sensors. They are designed to alert the coaches and athletic trainers that a player received and impact that is at least 95 percent of the established threshold," Athletic Trainer Richard Nelson said.

Each season, football alone experiences 10-15 concussions. These new helmets are expected to help alert the coaches and trainers of a possible concussion earlier than usual by containing sensors that go off when a player has been hit too hard.

"The new helmets, as far as concussion goes, the way they are designed is almost like a race car helmet. Technology has gotten better with these new helmets. The shape of them is different. The inside padding, it looks exactly like a race car helmet. That's the biggest difference as far as with the helmet. It is basically designed to cushion your head so it does not move as much," head varsity football coach Michael Troy said.

The helmets are also fitted better to the individual's head, allowing them to be completely inside and they will also track the player's stats throughout the high school career, as each helmet stays with the player until he or she graduates, to show the progress of the students and their injuries.

"We talk about preventing a concussion, here's things we can

do: we can limit contact, we can change some techniques. Unfortunately there is no concussion proof helmet. We can't completely eliminate concussions from really anything," Troy said.

All athletes are required to take a cognitive test before beginning the season. The test is then used to give coaches an idea of where the athlete is cognitively in case they get a concussion during the season and have to take another test, and the scores will be compared.

"First things first: diagnosing a concussion. There is only one way to diagnose a concussion and that is through a cognitive test. What that means is, a doctor or trainer can diagnose a concussion, but there is no X-Ray, there is no CT scan, there is no picture you can take of the brain that will tell you if someone has had a concussion," Troy said.

The goal of introducing these new helmets is to help minimize the risks of a possible concussion. The coaches will also be able to pull players before they receive a concussion as well.

"We can't prevent one [concussion], but what we can do is make it a heck of a lot safer, a heck of a lot better than it would have been," Troy said.

This new helmet technology was also introduced in some Oma-

ha schools. However, they do not currently have a policy in place for pulling players out of the game if their helmet sensors go off alerting the coach of a hard hit.

"We already have a policy in place. If we get an alert from a player's helmets we will evaluate the same as if we witnessed another player being hit. Again, this does not reduce the chance of a concussion, it simply alerts us that there is potential that a player might have received and impact hard enough to cause a concussion. One advantage of this is we might be able to prevent a player from being hit multiple times without reporting it. Second Impact Syndrome is the main worry with players. This occurs when is a player is hit and then receives another hit shortly there after. It is the second hit that causes the more severe damage," Nelson

Football players are excited about the new helmets. Those that have been playing football throughout high school say the helmets are much more comfortable.

"The helmets are way easier to fit on your head and they are ten times more comfortable. They also make things way more efficient to take on and off. I also like how there's new technology so we can stay safe," senior Jackson Van Holland said.

'Spirit Can' positively affects students at East

Hailey Hendry News Editor

A new tradition has started at East. To gain more school spirit and support, cheerleaders have been bringing a signed trash can, filled with items for the fans, to home and away varsity games.

From now on, the cheerleaders are hoping that the new "Spirit Can" helps pump up students and parents at every home and away game.

"Sometimes our student section doesn't come to the games," Cheer Cocaptain Kourtney Price said, "so we're trying to get everyone in and pumped up, and, like, the parents, we're trying to get them involved, too, so we're throwing T-shirts at them, and giving kids the keychains and stuff."

One step is for every varsity senior to sign the trash can and pass it on every year after to, hopefully, keep the new tradition alive where they will need more cans with more names in the future.

"I think we're going to try to get to have some of the student section come on our bus with us to away games so they can come with us if they don't have a car ride," Price said.

The next step is to fill the can with miscellaneous items donated from every team, and then distribute and throw the items to the fans.

"Whenever we got the seniors to sign, we had volleyball put some T-shirts in and ROTC gave us a lot of stuff." Price said.

Not only that, according to Cheer Cocaptain Maggie Collins, Price and Collins will go out and spend their personal money on items to contribute.

"It's a spirit can, so we hope that people don't take it as a trash can," Collins said. "We hope that they take it seriously." The first time it was used was

the football team's first home game against Omaha Bryan on Aug. 25, where it started out well, then they put a different spin on the items.

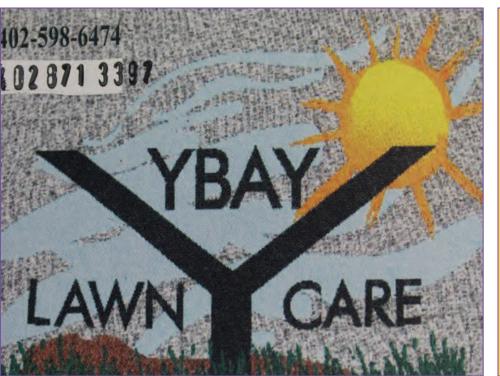
"It turned out pretty well, except people started throwing stuff on the track," Collins said, "but a lot of people liked the fact that we were giving stuff away."

The last step is for there to be more school spirit in the whole student body in hopes to bring the entire school community together.

"It's really just school spirit and making everybody feel excited for games," Price said.



Starting the football season off right, the cheerleaders started a new tradition with the Spirit Can. The most spirited section received the prizes. "It wasn't what I anticipated it to be, but still fun! The freshmen and the sophomore in the student section need to step up their game if they plan on getting something from the trash can," Senior Elena Felix said. *Photo By Briana Benak*





Fall sports kick off new school year with a bang



Cross town rivalry. (Left) Beginning the game off right, varsity players rush to tackle their biggest rival, West, at one of the most important games of the season. The school and community members gather in the crowd to watch the intense game. *Photo by Briana Benak*. **Killing the net!** (Below) Sophomore loey Skoff plays number

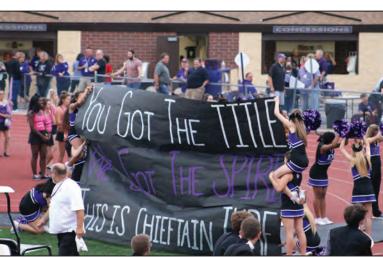
Killing the net! (Below) Sophomore Joey Skoff plays number one singles, at the Millard West invite. Skoff lost 5-8. Although he lost, he went on to get third place for the tournament overall. "I went to the net to end the rally, and win the point. I really enjoy tennis. I started last year and I've gotten so much better. I am now number one on varsity for singles," Skoff said. *Photo by Jacob Mallow*.

Serving it hot! To help come back, Eden Liebenthal serves fast and scores a point for East in the first set against Bellevue West Sept. 2. Despite the point scored by Liebenthal, Bellevue West went on to win both sets in the match." With serving you really have to focus on getting it over the net and just being very consistent, so serving takes a lot of concentration," Liebenthal said. Photo by Jacob Mallow



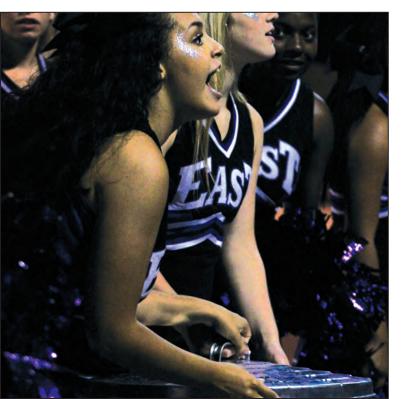


Show of spirit. (Below)
Kourtney Price and Maggie
Collins pump up the crowd
with the new Spirit Can the
cheer squad created for a
novelty way to get the crowd
involved with school spirit.
School spirit is really showing
that B. East is rising and that
our student section is here to
support East. Photo by
Makayla Schaffer



Tearing it up. (Left) Starting the game off right, the cheerleaders perform stunts and hold up a large poster to allow all the varisty football players to run through to pump up the crowd. East tries their best to have coolest student section when playing their rival West. *Photo by Briana Benak*

Loving the game. (Below) Beast volleyball team cheers loudly as they get ready to walk onto the court and face their competitors. They broke their huddle with extreme enthusiasm, hoping to win and bring home a trophy. *Photo by Jacob Mallow*





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Bellevue East High School September 29, 2017

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LETTERS TO THE EDITOR

READ THINK SPEAK OUT BE HEARD

EDITORIAL POLICY

The role of the Tom Tom is not only to promote the accomplishments and highlights of the school, but also to inform the Bellevue East community of events and issues that will affect the students, faculty, staff, administration, and community. Its primary focus is to serve Bellevue East High School and cover issues that affect teenagers today. The Tom Tom does not necessarily represent views of the Bellevue Public Schools and strives to support itself through advertising. In order to achieve the optimum learning situation, as well as serve its audience to the best of its ability, the staff believes that the decisions should rest primarily with the adviser and editors, according to standards of journalism. Material judged to cause significant psychological harm, or that violates the privacy of a person, or that is libelous will not be printed. Obscenity or profanity will not be printed in the Tom Tom. Stories in the Tom Tom will be based on substantial facts with quotes clearly attributed to named sources whenever possible. The Tom Tom will not run gossip or stories or columns founded on rumor without facts. Any student appearing at a public event such as a sports event or music concert may be photographed, and that photo may be published without violating the privacy of that individual.

COMMENTS OR CONCERNS ABOUT THE TOM TOM ARE ENCOURAGED IN THE FORM OF LETTERS TO THE EDITOR. LETTERS MUST INCLUDE YOUR FULL NAME, GRADE, AND BE SENT TO ROOM B-03 OR DELIVERED TO A MEMBER OF THE TOM TOM STAFF IN ORDER TO BE PUBLISHED. YOU MAY ALSO E-MAIL LETTERS

STEPHENIE.CONLEY@BPSNE.NET

It's more than a matter of free speech



Nia Booth Co-Editor in Chief

I am sick and tired of having to put up with blatant racism in this country. Sure, America has always had a serious issue with racial inequality, but until recently I had hoped that we were moving in the right direction. Events in the news and on social media recently have made it seem like we as a county are moving two steps backward from that goal. However, Americans have always seemed to find a way to even it out, whether it's condemning negative actions publicly or showing support for those who were victimized. At least that was until we had self-proclaimed neo-Nazis proudly walking the streets with their faces out for everyone to see. And to make it worse, there are people defending the actions of the neo-Nazis. The shame that was once associated with the white hood is starting to become a distant memory and I can't understand how we as a society could ever let that happen because it's something that I thought was becoming a widely condemned.

The latest situation involving those donning white hoods was in the beginning of August. There was a Unite the Right pre-rally rally in response to the removal of Confederate General Robert E. Lee's statue in a public park. Protesters of the statute's supporters felt that having the statue up left the impression that America was celebrating the actions of those who fought for the confederacy and ultimately slavery. Critics of the aforementioned opinion felt that the statues actually represent Southern pride instead. This conflict of opinions lead to people, my fellow Americans, raising a Nazi salute while chanting racist and anti-semitic sayings and threatening violence. These are actions you would think all people would be against because of the history that not only America, but the entire planet has had with Nazis, but instead I had to listen to individuals defend their actions because they viewed it as them simply voicing their opinions. When an "opinion" threatens the safety, rights, and lives of any group of people it stops being an opinion and starts becoming a cancer to society.

This disconnect comes from a lack of empathy. The lack of empathy makes it possible for non-black people to dismiss the feelings that

black people experience when nonblacks don't have to live black lives. They don't have to go to schools, live on streets, and walk past monuments named after people who wanted to have those who look like them enslaved. They do not have to deal with individuals that separated from their own country and started a civil war over the right to own their ancestors standing permanently in the park they played with their friends when they were younger. They have not had their peers and classmates become empowered enough by these events to call them a nigg*r monkey to their faces. They haven't had to walk down a school hallway with a peer carrying a flag that symbolizes and represents hate toward their race only to be told that it's a constitutional right for them to do it. That it is heritage and pride. They are not told that they have to accept that there will always be people whose actions will be offensive and to learn how to deal with it early, rather than teaching others to be more considerate. They will never have people downplay the history of their ancestors' struggles and their own. Their life experiences will never be invalidated because racial issues are claimed to be "a thing of the past" and told if the issues are happening that it does not really matter because at least "you aren't picking cotton in the fields." They don't have people chanting "make America great again" in their neighborhoods knowing

that the "again" was a time when they would have either have been counted as 3/5th of a person or forced to use the colored entrance to the public library. If you're not a black person it is impossible for you to understand the hardships that come with being black, so why are black people being told how to feel? Why are racists actions being labeled anything but racist in order to save face? I completely understand the right to free speech. I don't expect racists to be put in jail for the horrendous words that come out of their mouths or, to be honest, half of the violent actions that they do based on past lack of action toward these things. But what I do expect is for our society to shun them, their behavior, and their beliefs. Put monuments and flags celebrating the actions of a treason state away in museums and history books where they belong instead of helping them live on. The reason for these "monuments" are obviously centered around sending a strong message to black people seeing as the statues were erected almost a hundred years after the Civil War ended and during the end of the Jim Crow era. There should never be a time where someone should feel comfortable spewing hate about another person for simply being born different despite their First Amendment right. We stood up against the Nazis when they were trying to take over lands overseas with their ideologies, so why is it so hard to do at home?

White privilege poses issue in society

Staff Editorial

The color of a person's skin is solely dependent on the amount of melanin in the skin. Darker skin was an evolutionary mutation to protect the citizens that live near the equator from the sun. Skin color, especially dark skin, is an evolutionary advantage, a key to survival. Yet, something so simple as the color of skin has divided the entire human race for too long. Skin color is just that, nothing more, nothing less. It has no effect on personality. No effect on intelligence, people skills or potential for success. Nevertheless, in today's society the simple color of your skin could either create obstacles you are forced to overcome, or pave an easier path to success. It seems to be that if you are white, you are given more of an advantage than those with darker skin. We, as the Tom Tom staff, believe this is an immense problem in society and could possibly be fixed by proper education.

American Physicist Brian Greene once said "exploring the unknown requires tolerating uncertainty." When discussing issues of race, those that have never experienced racism are often oblivious to the fact that it exists. Usually, those with white skin do not experience racism in society, and because of that mere fact having white skin gives you a privilege. Because racism was never experienced, people do not want to talk about the matter; it makes people

uncomfortable. Everyone wants to be politically correct. In trying to do so, people will struggle to talk about the subject, and struggle to ask questions. The fear of being insulting or racist is common in the minds of many. Yet, as a society this is something that needs to be broken. To recognize privilege and racism, race should be an open conversation.

While walking into a supermarket or retail store, the person with white skin will be offered more help by employees, they will not be watched, and more often than not their bags will not be checked as they leave the store. This is privilege. As a person with darker skin walks into a store, they are profiled immediately. Employees are more concerned about the idea that someone of color will steal something rather than if they need help finding something. While leaving the store, their bags and receipts are checked. According to the Pew Research Center, 49 percent of blacks perceive that they are treated unfairly in stores and restaurants, compared to their white counterparts, and 64 percent of blacks believe they are treated unfairly in the workplace as well. This is racism.

Those with privilege should be aware of their privilege and address it, and work toward becoming an ally for those that are under privileged. In society, industries, companies and everyday life, privilege and racism should not be ignored.

Rather, people of all races, and ethnicities need to bring these issues to light, and then work on addressing them on all levels, even all the way up to the White House. These need to be open conversations, not just pushed under the rug. America is not perfect, but we can try to become better, and the first step is the unification of all people.

According to the Washington Post, 80 percent of Congress is white. That only leaves 20 percent to be minorities or people of color. According to the Human Rights Watch, black and white people commit drug offenses at almost the same rate, however, blacks compromise 37 percent of the people arrested for drug crimes, while making up only 13 percent of the U.S. population. According to the New York Police Department, in New York 80 percent of traffic stops were minorities, and 85 percent of the time the officer frisked, or looked in the vehicle, compared to the 8 percent of frisking for white people who were stopped. According to the U.S. sentencing Commission, those who were black received a sentence that was 10 percent longer than their white counterpart for the same crime. These are all examples of systematic racism that occurs in America, and notice, if you are white, these do not apply to you - that is privilege. "White privilege is hard to see because, indeed, it is like an invisible cloak: It protects you from the perils of being a minority

in America," journalist Paige Tutt

In history classes, we all learn the same whitewashed history with little or no more new details than the year before. We get one perspective, from the white man. We do not learn that black people created the traffic light, something so vital it is worldwide and used by everyone. We do not learn that black people invented the mailbox, or the blood bank and cataract surgery - things that save millions of lives. We do not learn about all their contributions to society because our nation's public schools' curriculum is written with an unfair bias toward white people. Because of this, not all the races are represented equally and that is harmful. All people, regardless of race or ethnicity, want to have the same opportunities as everyone else.

The most efficient way to combat racism, and white privilege is to educate everyone on the subject. If no one chooses to talk about the issue, it will never be solved. The topic of race should be discussed in classrooms, and at home in order for all people to become aware of the problem, even if they do not experience it themselves. Classes could be added to the curriculum to teach students not only a more in depth history of racism and white privilege, but how we could fix the issue by being accepting of each other. The Tom Tom staff think education is the best way to combat racism.

Falling into fun autumnal activities

Amaya Hamerla Reporter

Fall brings colder weather and colorful leaves. The arrival of fall gets people excited to watch football games and sit with families by

Fall season starts to bring more scary movies. People also start to go out more with friends as the weather starts to cool down.

"I like going to football games, seeing scary movies, and hanging out with friends," freshmen Shauna Gallardo said.

The pumpkin patches start opening around this time as people start to get prepared for Halloween. They start to go to haunted houses, and begin shopping for the perfect Halloween outfits.

"I like to go to haunted houses with my friends and just hangout and look at the leaves," senior Sean Logan said.

People start to carve pumpkins

and set up decorations for Halloween. Fall is a time where people begin to do more of their traditions as it get closer to the holiday season.

"I enjoy carving pumpkins with my family. We usually do it throughout October," Logan said.

People also start to see some family that they have been away from, and catch up with friends and family during the season.

"I get to see my grandpa and carve pumpkins with him. I have not seen him in a few years and now he is coming down to visit us," Gallardo said.

People can start wearing more

fall colors and clothes that they had put away as the weather started to get hotter. People start to do the things that they were not able to during the winter or summer time. They get the chance to do activities that are specific to the weather and not have to worry about being too hot or cold.



Boo! October is creeping right around the corner, Junior Mikayla Gallagher shares why she loves going to Vala's in the fall. "My favorite part of Vala's would have to be the pig races. They're so cute, and always a fun time. I still have the pig nose I won when I was seven. As for why I go so often, Halloween is my religion. Vala's is my church. I live for time spent there, and never leave without at least one box of apple fritters." Gallagher said. Photo By Briana Benak

Horror movies invade theaters nationwide

Brooklyn Anderson Entertainment Editor

The month of October is the time for movies that give the viewers a thrill of fear. Horror movies have a creative way of telling that spine chilling story. Then there are the classic killer movies that chase people throughout the whole movie. There are remakes, sequels, and new story lines coming out this October.

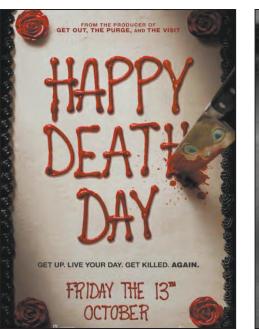
One of the horror movies coming out is a pre-quel titled "Leatherface." It is about four teenagers kidnapping a nurse while escaping from a mental instution who go on a road trip, where one of the teenagers becomes the legend, "Leatherface." "The Texas Chainsaw Massacre" franchise started in 1974 where Leatherface became famous in the horror genre. This movie will premier Oct.

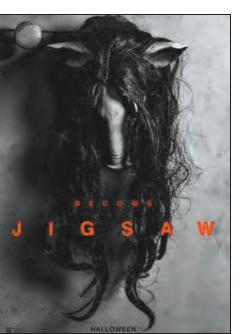
"Demon Hole" will also come out this October. The story is about six teens performing community service in a remote forest where a group of people unleashed a demon. Yet another horror film set to come out in the month of Halloween is "Dementia 13," which is about a vengeful ghost, a mysterious killer and a family buried with secrets that all join in one night of terror. "Dementia 13" will be released Oct.3.

On Friday the 13th, "Happy Death Day" will be coming to theaters nationwide. This film is about a college student who dies on her birthday and wakes up reliving that same day over and over again while she tries to figure out who her killer is in order to stop living the same day on repeat. This movie is similar to movies like "Groundhog Day" that have characters living the same day over and over, just in the horror genre.

"Jigsaw", aka Saw VIII, is the continuous cycle of the "Saw" movie franchise. "Saw" is about John Kramer who plays mind games with people that he believes do not deserve a life. These mind games are traps and the person has to get out of this trap in a certain amount of time before their life meets the end. This movie can get very gruesome for most viewers. The spin off to "Jigsaw" is that John Kramer has been dead since the third movie and he has copycats continuing

These are just a few of the films coming out in October, the popular and perfect time for scary movies. I know that I will be watching every single one of these movies when they come out.

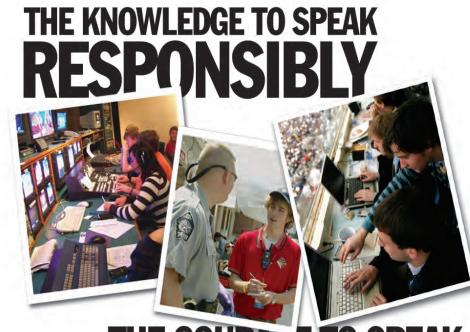




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THE COURAGE TO SPEAK

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Carly's Corner: Zio's delivers taste

Carly Regnas
dog Ollie
Photographer

Zio's Pizzeria opened their first business on Dodge street in 1985. Zio's came to fame by using New York style pizza and 40 fresh toppings to meet any of your pizza needs. They opnened a second location in 1989 on 132nd street in Baker's Square. Then theyopened their third location in 1994 in the historic Old Market district, in downtown Omaha. Over all of these years, Zio's still owns and operates all three locations, and they have become a popular place for fam-

ily and friends to celebrate and spend time together.

When I showed up to Zio's I didn't even know if I was going to be able to record in the restaurant (see my video on thechief-tainspear.org!). But luckily, the store owner called right as I was about to buy the pizza and gave us the OK. So I ordered an extra large pizza - half pepperoni and half ham and pineapple. I settled down in a large comfy booth and began eating. Let me just put this out there: I love this pizza. The crust is just the right amount of crispy and softness combined. The pizza had the perfect sauce

to cheese ratio, which made it so delicious.

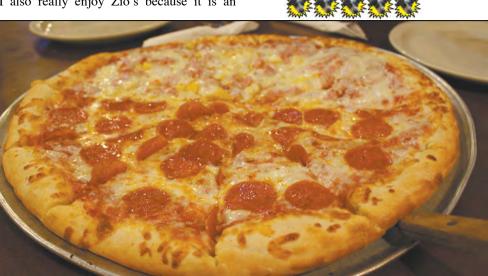
I also really enjoyed the atmosphere; it was a little busy since it was a friday night but all together there were no problems with service. All the employees were super nice and very welcoming to their restaurant. Also, a big thanks to Rick (Zio's employee) because without him I wouldn't have been able to do my review in the restaurant's environment.

I've known about Zio's for quite sometime and I've always known it was a great place to eat, with a consistently solid menu. I also really enjoy Zio's because it is an Omaha grown business, which, I always think people should support small local businesses. Because Omaha is also a big foody city with lots of different restaurants I know that Zio's is one in the running.

Because of the food, people, and atmosphere, I know I will be coming back there in the future. I rate it a 5 out of 5 Ollie heads (my dog) which is the highest in my rating system. They have a great restaurant and I think everyone should take a visit out to one of their locations because it's awesome to bond with people over some delicious pizza.



To give an honest opinion, food critic Carolyn Regnas takes a big bite out of her pizza from Zio's Pizzeria Friday, Sept. 8. "I really enjoyed that there were lots of toppings and the cheese was melty. The crust was flaky and crisp which helps to tie in all of the flavors and textures of the pizza," Regnas said. *Photo by Cailin Tomsu*



The delicious smell of pizza wafted toward food critic Carolyn Regnas' nose as she walked into Zio's Pizzeria to try the x-large half pepperoni and half pineapple and ham pizza on Friday, Sept. 8. "I expect my pizza to be fresh and hot from the oven. Smelling the pizza let me know that it was freshly baked and hadn't been mass produced and sitting out getting cold," Regnas said. *Photo by Carolyn Regnas*

Safety in Social Media

Brooklyn Anderson Entertainment Editor

People use social media because of the huge amount of technology usage in the 21st century. Teenagers share a lot of information on social media in one day whether it's on Facebook, Instagram, Snapchat or a whole bunch of other apps. Private information can get out very easily when sharing anything on social media accounts. When the apps get updated, there are new ways of sharing location and more advanced settings to keep

In survey to the student body, I aked questions regarding students perception of safety on social media. Out of 100 responses, 61 of

them said that they felt safe on social media.

Some students take responsibility and keep things that they want private from the social media world. Some students also know who they are following and who is

following them. The private settings in the apps are helpful when a student wants to be private from random people.

Twenty-nine survey responses said that students sometimes felt safe on social media. The reason behind this is that students do not know who is on the other side of the screen. Fake accounts are made and used to catfish people or to talk to someone who blocked them on their real account.

Ten survey responses said that they did not feel safe on social media. Hackers have deomonstrated their ability to get into alsmost any account and have even posted whatever on that account. Cyberbullying is also a serious problem that students have to face when they go on social media apps. The students then come to school and have to see that bully and that can lead to in-person bullying. Blocking someone on these apps really helps and if bullying continues, then get rid of the app.



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